

Victor Lange – Academic CV

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Academic employment and affiliation

- Postdoc on the project ‘Rumination: the attention pattern of depression?’, funded by the Carlsberg Foundation, affiliation with the GoodAttention project at the University of Oslo (link: <https://www.carlsbergfondet.dk/en/what-we-have-funded/cf24-0451/>)
- Member of the CoInAct Research Group, Department of Psychology, University of Copenhagen, 2018-2024.
- PhD-fellow at the Section for Philosophy, University of Copenhagen, 2020-2023.
- Visiting PhD-researcher at Jean Nicod Institute, École Normale Supérieure Paris, 2022-2023.
- Visiting PhD-researcher at the Cognition, Value and Behaviour Group at Ludwig Maximilian University, Munich, 2022.
- Assistant teacher for philosophy students with psychiatric diagnosis at Studenterrådgivningen, University of Copenhagen, 2021-2023.
- Research assistant at the research project ‘Convergent ethics and ethics of controversy’, Section for Philosophy, University of Copenhagen, 2020.
- Student assistant at the research project ‘Convergent ethics and ethics of controversy’, Section for Philosophy, University of Copenhagen, 2019.
- Teaching assistant at the course ‘The philosophy of science and ethics of engineering’ at the Technical University of Denmark (DTU), 2019.
- Journalist at the career department at Aalborg University (CPH), 2018-2019.

Education

- PhD in Philosophy, Section for Philosophy, University of Copenhagen, 2024 (submitted 14th of December 2023).
- Master in Philosophy, Section for Philosophy, University of Copenhagen, 2020.
- Bachelor in Philosophy, Section for Philosophy, University of Copenhagen, 2018
- Courses in Philosophy, Psychology, and Anthropology, McGill University, 2017.

Published/accepted articles in peer-review journals

- Kappel, K., Andersen, F. J., Lange, V., & Christiansen, A (*forthcoming*). On the Epistemic Significance of Convergence in Ethical Theory. *Ethical Theory and Moral Practice*.
- Lange, V. (2025). A Reductive Account of Mindfulness as Metacognitive Control. *Review of Philosophy and Psychology*, 1-25. <https://doi.org/10.1007/s13164-025-00767-y>
- Lange, V. (2024). Flow and Athletic Experts. *Erkenntnis*, 1-22. DOI: <https://doi.org/10.1007/s10670-024-00856-x>
- Lange, V (2023). Decentering and attention. *Philosophical Psychology*, 1-28. DOI: <https://doi.org/10.1080/09515089.2023.2263034>
- Lange, V., & Grünbaum, T. (2023). Measurement Scepticism, Construct Validation, and Methodology of Well-Being Theorising. *Ergo an Open Access Journal of Philosophy*, 10. DOI: <https://doi.org/10.3998/ergo.4663>
- Lange, V., & Grünbaum, T (2023). Transparency and the mindfulness opacity hypothesis. *The Philosophical Quarterly*. DOI: <https://doi.org/10.1093/pq/pqad098>
- Lange, V., & Kappel, K. (2022). CRISPR Gene-Therapy: A Critical Review of Ethical Concerns and a Proposal for Public Decision-Making. *Canadian Journal of Bioethics*, 5(2), 78-87. DOI: <https://doi.org/10.7202/1089787ar>
- Lange, V., & Marie, S. (2021). Exploring Moral Bio-enhancement through Psilocybin-Facilitated Prosocial Effects. *Journal of Cognition and Neuroethics (ISSN: 2166-5087)*. September, 2021, 8(1), 23-64.
- Lange, V. The Good Life and the Body: Elisabeth on Descartes' Three Rules for Living. *Tidsskrift for Medier, Erkendelse og Formidling*, 9(1), 23-43.

Other published/accepted academic texts

- Lange, V. & Grünbaum, T. (2024). Can we measure well-being? In *Ergo Blog*. <https://ergoblog.org/victor-lange-and-thor-grunbaum-measurement-scepticism-construct-validation-and-methodology-of-well-being-theorising/>
- Lange, V. & Grünbaum, T. (2024). Transparency and Mindfulness. In *Imperfect Cognitions*. <https://imperfectcognitions.blogspot.com/2024/05/transparency-and-mindfulness.html>
- Lange, V. (2023). Gør psykedelika os til bedre mennesker?. Kevin Mikkelsen (Red.) *Et psykedelisk Danmark*. Forlaget Pressto ApS.
- Lange, V. & Marie, S. (2022). Kan psilocybin forbedre vores moral?. *Tidsskriftet Paradoks*.

<https://paradoks.nu/2022/09/29/kan-psilocybin-forbedre-vores-moral/>

Lange, V. (2020). Stoicism and Epicurus—Similarities and differences. *Modern Stoicism*.

<https://modernstoicism.com/stoicism-and-epicurus-similarities-and-differences-by-victor-lange/>

Academic talks

- 2025: Presentation ‘The rumination of depression’ in the SOCIALHEALTH Group, Centre de Recherche en Neurosciences de Lyon.
- 2025: ‘Belief revision in depression’, in the Agency Group, at Jean Nicod Institute, École Normale Supérieure, Paris.
- 2025: Presentation ‘The rumination of depression’ in the Emotion and Cognition Group, University of Bergen.
- 2025: Panel member at Arr Magazine’s panel discussion on attention, Literaturhuset Oslo.
- 2025: Organiser and presenter at the workshop ‘Clinical perspectives on attention: psychology and philosophy’, University of Oslo.
- 2024: ‘Rumination and depression’, at the ‘Norms of attention’ workshop, University of British Columbia, Vancouver.
- 2023: ‘Flow and agency’, at the Agency Group, at Jean Nicod Institute, École Normale Supérieure, Paris.
- 2022: ‘Flow and experts’, at joint conference by the Society for Philosophy and Psychology & European Society for Philosophy and Psychology, Milan.
- 2022: ‘Transparency and the Mindfulness opacity hypothesis’, at the Cognition, Value and Behaviour Group at Ludwig Maximilian University, Munich.
- 2022: ‘Flow and experts’, at the workshop ‘The architecture of skilled action’ at the University of Barcelona.
- 2022: ‘What is flow?’, CoInAct and HCC workshop, University of Copenhagen
- 2021: ‘Metacognition and mental well-being’, at the workshop ‘Mental action: a philosophical cross-point’, at the University of Copenhagen.
- 2021: ‘Psilocybin and moral psychology’, at the conference ‘Psykedelisk Dannelselse’, organised by CEPDA, Copenhagen.
- 2021: ‘The Transparency thesis and Mindfulness introspection’, at the Nordic Graduate Conference on the Philosophy of Mind, University of Oslo.

- 2019: ‘Construct validity as an answer to scepticism about measuring well-being—facing a dilemma’, at the workshop ‘Issues in measurement of well-being’, University of Copenhagen
- 2019: ‘The good life and the body—Elisabeth on Descartes’ three rules for living’, at the workshop ‘Women philosophers in early modern philosophy’, University of Copenhagen

Organiser of conferences/workshops

- 2025: Organiser and presenter at the workshop ‘Clinical perspectives on attention: psychology and philosophy’, University of Oslo.
- 2025: Co-organiser at the ‘Attention and ADHD’ workshop, organised by the GoodAttention Project (UiO), Literaturhuset Oslo.
- 2023: CoInAct Fall workshop ‘Attention and Action’, at the University of Copenhagen.
- 2022: ‘Work-in-progress workshop’, Jean Nicod Institute, École Normale Supérieure, Paris.
- 2021: ‘Mental action: a philosophical cross-point’, at the University of Copenhagen.
- 2021: CoInAct summer workshop, at the University of Copenhagen.

Teaching at university level

- 2021-2023: Assistant teacher and supervisor for philosophy students with psychiatric diagnosis at Studenterrådgivningen, University of Copenhagen.
- Fall 2021: Teaching seminars, some lectures and grading mid-term exams at the master course ‘Science and society’ at the Section for Philosophy, University of Copenhagen.
- Fall 2021: Teaching seminars, some lectures and grading mid-term exams at the bachelor course ‘Epistemology and Philosophy of Mind’ at the Section for Philosophy, University of Copenhagen.
- Fall 2021: Teaching seminars and grading mid-term exams at the bachelor course ‘Ethics’ at the Section for Philosophy, University of Copenhagen.
- Fall 2019: Teaching and grading mid-term exams at the course ‘The philosophy of science and ethics of engineering’ at the Technical University of Denmark.

Other employment and work

- 2020-: Editor and meditation teacher at Regnfang.

- 2017-2018: Founder, editor and journalist at the magazine Bubbemeises.
- 2017: Host, organiser and journalist at Ræson.
- 2016: Journalist and editorial member at ALTIVISTEN.
- 2013-2016: Editor-in-chief, founder, and journalist at Regnfang.

Poetry

- Lange, V. (2023). *jeg har hørt at du lever videre*. Vild Maskine.
- One of the poems from *jeg har hørt at du lever videre* has been selected for the NAPP 2023 Nordens Allerbedste Pensumløse Poesi (an anthology for Nordic poetry, with English translations).

Journalism

I have worked as a journalist for nearly ten years, publishing numerous articles and podcasts on scientific and philosophical topics. Currently, I am an editor at the platform Regnfang, see: www.regnfang.nu. I have also worked on other media such as Ræson, Bubbemeises, and Altivisten.